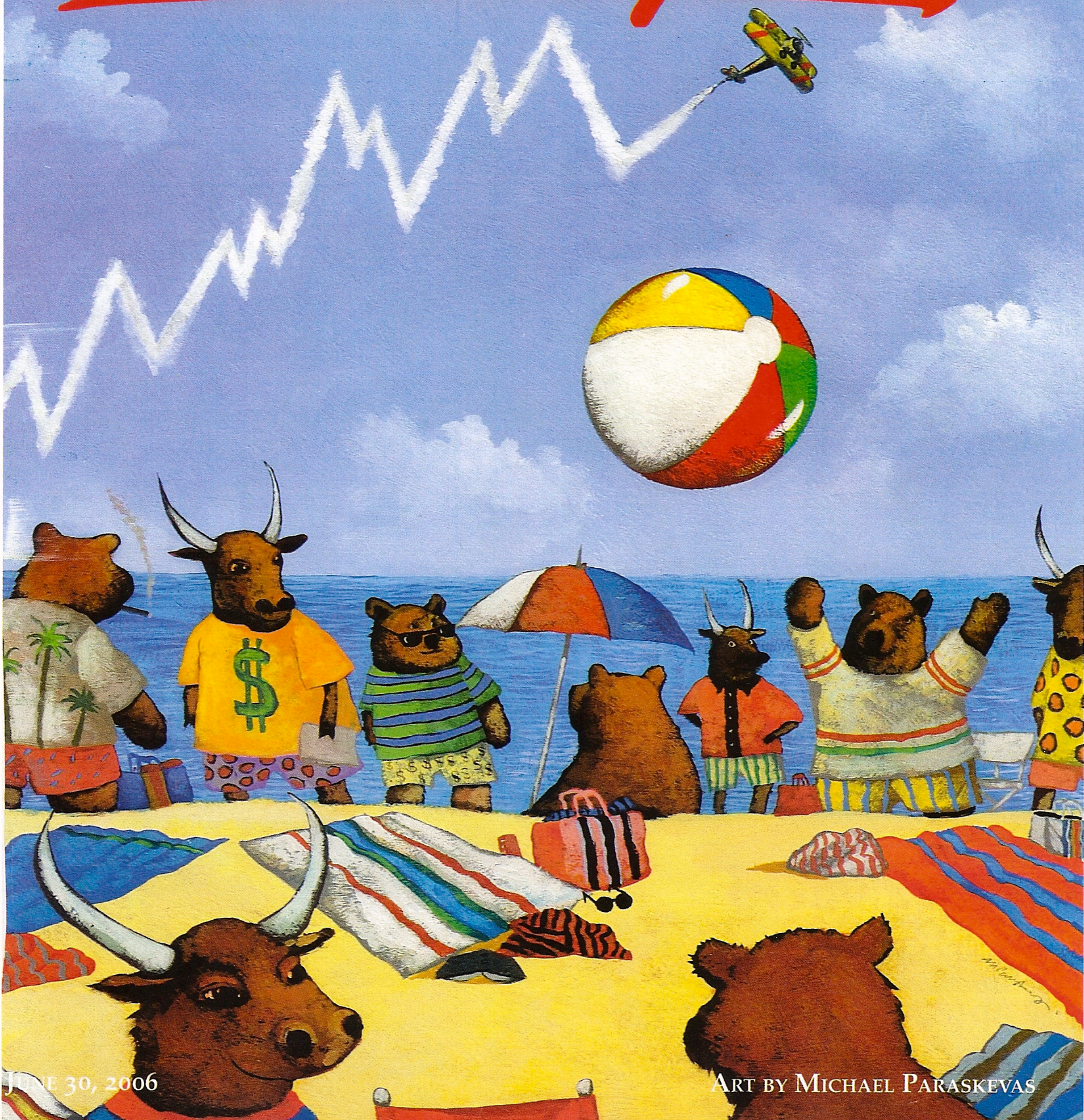


LARGEST WEEKLY CIRCULATION IN THE HAMPTONS PLUS SPECIAL MANHATTAN DELIVERY

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JUNE 30, 2006

ART BY MICHAEL PARASKEVAS

HEALTH, BEAUTY & FITNESS

Skin deep with Samantha Altea

A Head Start On Summer

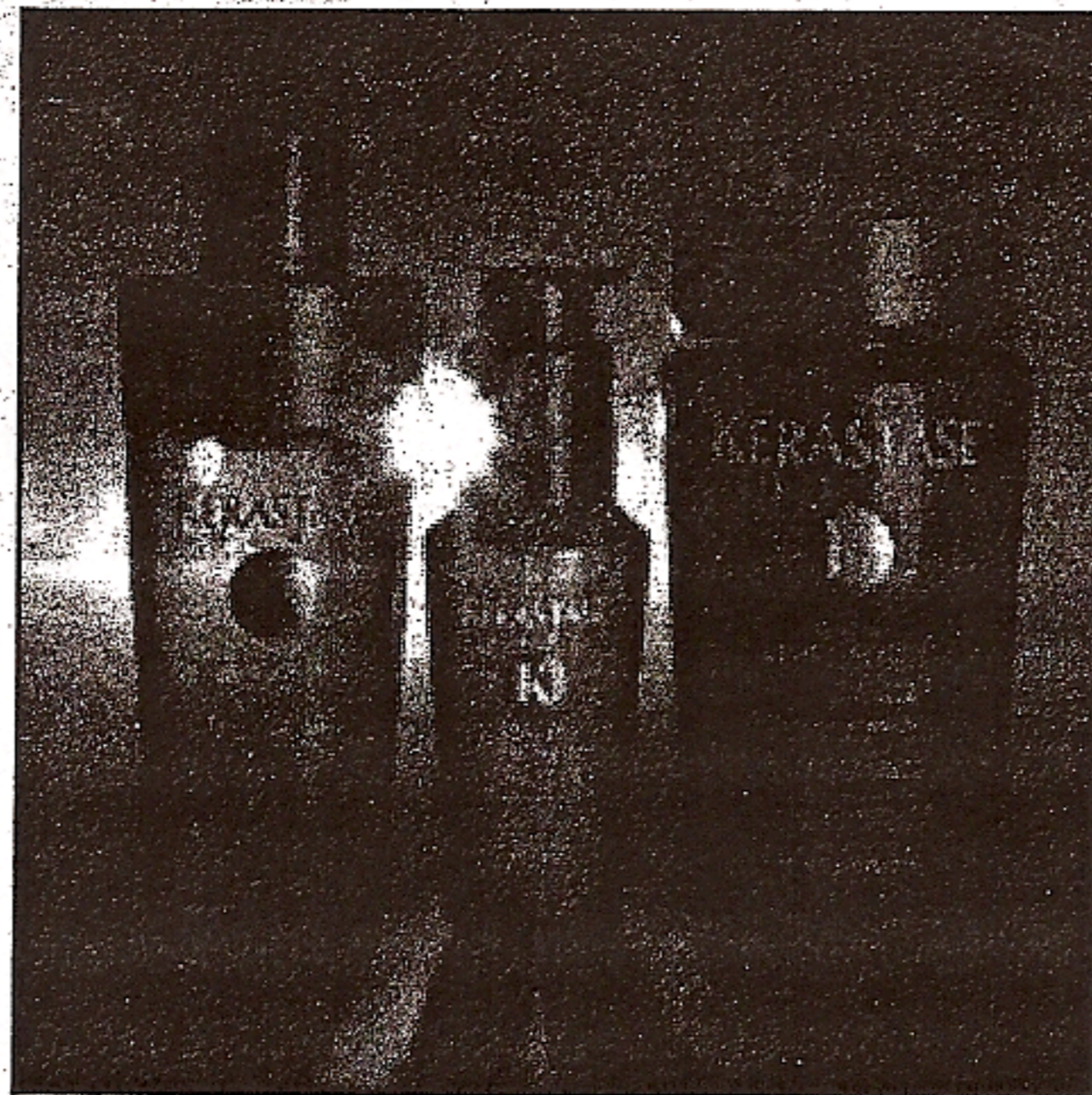
The last of my get-set-for-summer series is the Tops. I've gone from head to toe and every thing in between. But this week, I'm interested in keeping your crowning glory looking healthy, and you feeling great and coiffed the whole summer long.

In order to get some top tips for your lid, I went to a favorite NYC expert hair guru to those in the know, including many of the models we all see on the front of magazines while we're lying on the beach and find ourselves saying, "I wish I had hair just like that." Well, guess what, you can and without too much effort. Honestly, Michael Angelo at Wonderland Beauty Parlor in NYC gave me some advice so that you, too, can maintain your locks all summer without having to head back into the city or salon.

If you start the summer with some great hair tips and tricks, then throughout the season use some of his secrets to maintain your hair; you can look fab with very little effort. No need to stray from the beach mid-season for a retouch or interrupt those margaritas in the sun, because if you time everything just perfectly and take his advice you can stay put. So, what to do?

First things first, it starts now. Get a good haircut at the beginning of the summer, even going a tad shorter than you'd normally like. That way, by mid-season, you'll be tan and have the perfect 'do, too. Go for blunter lines for more durability for whole-summer wear-ability and keep styles simple and carefree looking. Nothing too structured.

Also, at the start of summer (read immediately), freshen up any colors or highlights you usually have - you might want to add a few more highlights than



normal, just for a lighter summer look. But MA's great tip is to be sure that your colorist also adds a glaze on top of your color, which not only looks stunning and makes your hair seem glossy, especially in the sun, but also acts as a barrier between your hair and the sun's damaging, burning rays and the ocean's harsh wearing waves. A glaze keeps your hair and color in much better condition. As he says, "In reality, most of us won't leave the beach mid-summer for a re-touch and without this trick, blondes will fade to yellow and dark colors fade to red or orange." If you glaze, however, by mid summer it will have probably worn off, because unfortunately it

does...but your color underneath will still be looking great. How fabulous is that!

I've also learned about the fantastic new hair line that Kerastase has developed just for maintenance when in sea and sun. It's excellent with a capital E and well worth getting your hands, or rather head, on to especially the **Bain Apres Soleil**.

Apparently this product leaves a UV filter on the hair and replaces the moisture lost due to damage from sun, sea, or chlorine. Plus it also increases shine. So this is a great product to use this summer.

For colored hair he insists we look into **Crème Riche**, which protects color and adds deep moisture. It also adds a cooling agent during application, which is extremely refreshing après soleil (after sun). Perfect for sun relief for hair and scalp. Sounds very appealing after a hard, hot day at the beach. It's a tough life, but someone's got to do it, right?

If you're a water baby, douse your mop with some **Geelee Aqua-Proof**, it's like a wet suit for the hair. It's a "wet look" styling gel that has UV filters and acts as a protective barrier from swimming in the sea, or pool.

Voile Protecteur is also a great product. It's a water-resistant spray that creates a protection between hair and environmental aggressors. This is great to wear year-round on a day-to-day basis.

As for styling hair this summer, keep it simple, like I've already said, with non complicated cuts and then a ponytail if you have the length. Headbands are very in this year, no matter what length of hair. So no muss, no fuss, get a great cut, color, and use some super product. Then slick your hair back with a stylish headband and have fun in the sun.

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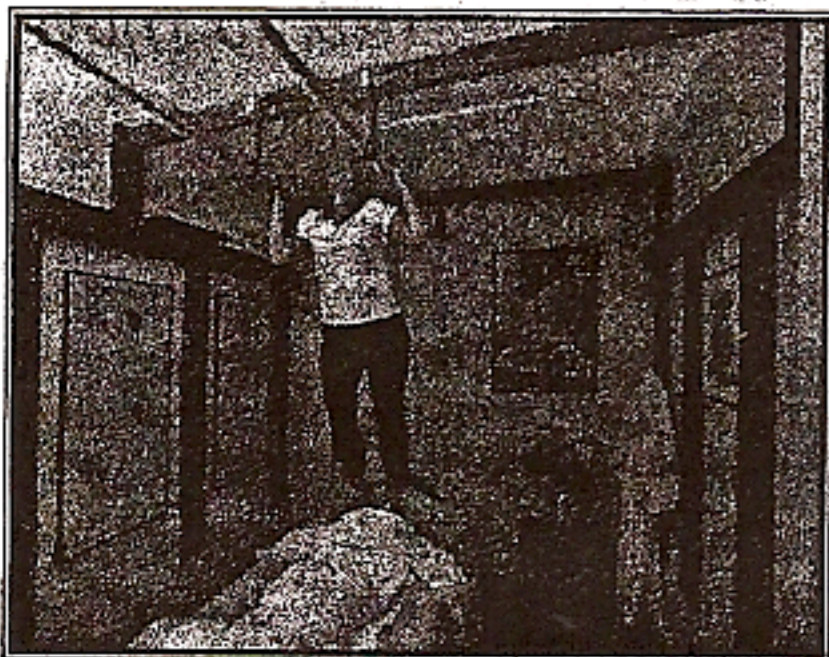
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